



## Hopkinton Health Department

May 16, 2022

Due to a recent uptick in COVID cases, the Town of Hopkinton is strongly recommending the wearing of face coverings by residents indoors (when not in your home) in order to help prevent further spread of COVID. This is based on guidance from the CDC, and driven by Middlesex County's community level rating of high.

You can learn more here:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

In Middlesex County, Massachusetts, community level is High.

- Wear a [mask](#) indoors in public
- Stay [up to date](#) with COVID-19 vaccines
- [Get tested](#) if you have symptoms
- Additional precautions may be needed for people [at high risk for severe illness](#)

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People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.

If you are immunocompromised, learn more about [how to protect yourself](#).